

Mental Health America of East Central Florida, Inc.

927 Beville Rd Suite 6
386- 252- 5785

NATIONAL RECOVERY MONTH

SEPTMBER 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Hello, fall!</i>		1 GAME DAY	2 ROUND TABLE	3 Arts & Crafts	4 BINGO	5
6	7	8 Games	9 EXERCISE	10 LYLW	11 BINGO	12
13	14 Arts & Crafts	15 ROUNDTABLE	16 READING	17 Arts & Crafts LIFE SKILLS	18 BINGO	19
20	21 Round Table	22 EXERCISE LIFE SKILLS	23 Hygiene Class	24 Arts & Crafts	25 BINGO	26
27	28 Arts & Crafts	29	30			