

Mental Health America of East Central Florida, Inc.

"Debra Anne House"  
 927 Beville Rd. Suite 6  
 (386) 252-5785

**NATIONAL PTSD AWARENESS MONTH**

JUNE 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Reading 	2 ROUND TABLE 	3 EXERCISE 	4 Arts & Crafts 	5 BINGO 	6
7	8 Round Table 	9 Reading 	10 Games 	11 Happy Birthday 	12 BINGO 	13
14 FLAG DAY 	15 GAMES 	16 Meditation LifeSkills 	17 Round Table 	18 Arts & Crafts 	19 BINGO 	20
21	22 Round Table 	23 Arts & Crafts 	24 Hygiene Class 	25 Games 	26 BINGO 	27
28	29 Meditation LifeSkills 	30 LYLW 				

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Jun-26

ROUND TABLE