

Mental Health America of East Central Florida, Inc.
 "Debra Anne House"
 661 BEVILLE RD SUITES 114 & 115 SOUTH DAYTONA FL 32119
 (386) 252-5785

NATIONAL MENTAL HEALTH AWARENESS MONTH

MAY 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1			1 Game Day 	2 HORSE RACES 	3 
4	5 CINCO DE MAYO 	6 Games  Arts & Crafts	7  EXERCISE	8 LYLW 	9 BINGO	10
11 	12 Arts & Crafts EXERCISE	13  EXERCISE	14 Round Table 	15 SNAP USDA Supplemental Nutrition Assistance Program Putting Healthy Food Within Reach	16 BINGO	17
18	19 Round Table 	20 Arts & Crafts	21 Hygiene Class 	22 EXERCISE Arts & Crafts	23 BINGO	24
25 	26 CLOSED MEMORIAL DAY	27 Game Day 	28 Arts & Crafts	29 	30  	31 