

Mental Health America of East Central Florida, Inc.
 661 Beville Rd Suites 114 & 115, South Daytona FL 32119

(386) 252-5785

AMERICAN HEART MONTH

FEBRUARY 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 	3 	4 MUSIC 	5 EXERCISE 	6 	7 BINGO 	8 FRIENDSHIP 
9	10 EXERCISE 	11 	12 	13 	14 Happy Valentine's Day 	15
16	17 	18 	19 EXERCISE 	20 EXERCISE 	21 BINGO 	22
23	24 	25 Arts & Crafts 	26 Dance 	27 LRC 	28 BINGO 	
						