

Mental Health America of East Central Florida, Inc.
 661 Beville Rd Suite 114 & 115
 South Daytona, FL 32119
 386 252-5785

AUGUST 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 HOUSEKEEPING 	2 	3 
4 NEW MOON 	5 READING 	6 Arts & Crafts 	7 EXERCISE 	8 	9 BINGO 	10
11	12 READING 	13 Arts & Crafts 	14 EXERCISE 	15 Roundable 	16 	17
18	19 READING 	20 Hygiene class 	21 EXERCISE 	22 	23 BINGO 	24
25 BACK 2 SCHOOL 	26 READING 	27 	28 EXERCISE 	29 	30 	31 